

SAVE THE DATE!

OSHNA CONFERENCE 2016 April 29 – 1 May SEOUL, KOREA

Keynote Speaker: *Martha Dewey Bergren, DNS, RN, NCSN, FNASN, FASHA*
<https://www.nursing.uic.edu/faculty-staff/martha-dewey-bergren-dns-rn-ncsn-fnasn-fasha>



- ◇ Making Changes in Health Behaviors
- ◇ Scope and Practice for the School Nurse
- ◇ School Nursing Leadership



OSHNA Conference 2016

April 29 – May 1

Seoul, Korea

SCHOOL NURSES: LEADERS IN HEALTH and WELLNESS

Earn 9 Contact Hours and Network with OSHNA Members and Colleagues

Scope and Practice of the School Nurse and Making Changes in Health Behaviors
Diabetes: Current Trends and Standards of Care, Executive Brain, Avoiding Burnout

| | |
|---------------------------|--|
| Friday, April 29 | Registration, Korean Dinner, and Cultural Event |
| Saturday, April 30 | Full Day Session with Contact Hours |
| Sunday, May 1 | Morning session with Contact Hours |

This activity has been submitted to the Ohio Nurses Association OBN-001-91 for approval to award contact hours. The Ohio Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Please contact Cindy Less at Cynthia.Less@eu.dodea.edu for more information about Contact Hours.

OSHNA CONFERENCE 2016

Seoul, Korea April 29 – May 1

Dragon Hill Lodge

Friday, April 29, 2016

- 16:00-18:00: Registration, Silent Auction Items
- 18:00-20:00: Dinner and Korean Cultural Event (cost included in registration)

Saturday, April 30, 2016

- 0700-0800: Registration, Drop Off Silent Auction Items
- 0800-0815: Welcome and Introductions
- 0815-0945: Scope and Practice for the School Nurse, Dr. Dewey-Bergen
- 0945-1000: Break, 50/50 Raffle
- 1000-1100: The Executive Brain: Challenges Students with ADHD and ASD Experience at School, Dr. Wojtalewicz
- 1100-1200: Diabetes: Current Trends and Standards of Care, Dr. Tan
- 1200-1300: Lunch (not provided)
- 1300-1430: School Nursing Leadership, Dr. Dewey-Bergen
- 1430-1445: Break, 50/50 Raffle
- 1445-1545: DSM-5 Update, Dr. Wojtalewicz
- 1545-1645: Avoiding Burnout: Strategies in Positive and Mindful Thinking, Dr. Monestel
- 1645-1715: OSHNA General Membership Meeting
- 1715-1745: Silent Auction Finale, 50/50 Raffle Winner
- 1800-? : Itaewon Dining and Shopping

Sunday, May 1, 2016

- 0800-1000: Making Changes in Health Behaviors, Dr. Dewey-Bergen
- 1000-1015: Break
- 1015-1100: Conference Evaluations and CEU Certificates
- 1200-1600: Seoul Tour Options (optional tours at additional cost)





OSHNA CONFERENCE 2016

Seoul, Korea April 29 – May 1

Dragon Hill Lodge

KOREAN CULTURE AND TOUR OPPORTUNITIES

Friday, April 29: 1800-2100, Dinner and Korean Cultural Event

Saturday, April 30: 1800-?, Itaewon Dinner and Shopping

Seoul's International District, 10 minute walk or \$3 taxi

<http://www.dragonhilllodge.org/DiscoverSeoul/?p=6>

Sunday, May 1: Seoul Tour

DMZ [Demilitarized Zone & Infiltration Tunnel]

1200-1800 \$60.00 – pre-registration necessary

<http://www.dragonhilllodge.org/DiscoverSeoul/?p=496>

RESERVE EARLY : Discoverseouldesk@dragonhilllodge.com or call
+82-2-6903-6286

Seoul City Bus [Tourist & Shopping sites. Get off and on along route.]

12-00-? \$9.00

<http://www.dragonhilllodge.org/DiscoverSeoul/?p=22>



OSHNA CONFERENCE 2016
Seoul, Korea April 29 – May 1
Dragon Hill Lodge

SILENT AUCTION FUNDRAISER

- Donate an item or gift basket from the country you are representing.**



2016 Annual OSHNA Conference Registration Form

Name _____

Home Address _____

City _____ State/Country _____ Zip _____

School _____

Cell/Home Phone _____ Work Phone _____

Email _____

State or Country of RN Licensure _____

NASN/OSHNA Member? YES _____ NO _____ Member # _____
 [NASN Member number required to receive membership discount.]

If not an RN, what is your professional designation? _____

| Conference Fees | OSHNA Member | Non-Member |
|-----------------|--------------------------------|--------------------------------|
| Apr 29-May 1 | <input type="checkbox"/> \$125 | <input type="checkbox"/> \$275 |
| Apr 30-May 1 | <input type="checkbox"/> \$100 | <input type="checkbox"/> \$250 |
| May 1 | <input type="checkbox"/> \$75 | <input type="checkbox"/> \$200 |

Scan a copy of your paid funds receipt along with this completed registration form via email to Julie Hudson at

julie.hudson@pac.dodea.edu



Join OSHNA now at

www.NASN.org

- \$375 in free online CNE's
- NASN Weekly Digest – Latest issues in school nursing
- SchoolNurseNet – Discussion lists
- Journal of School Nursing – research and scholarly articles
- NASN School Nurse – clinical news magazine
- and More!

PAYMENT INFORMATION

Option 1: Money Order in U.S. Dollars to
 "Overseas School Health Nurses Association"

Send to: Julie Hudson
 PSC 80 Box 13427
 APO AP 96367

Option 2: Direct Deposit in U.S. Dollars to
 "Overseas School Health Nurses Association"

ABA Number – 114017714
 Account Number – 0271301309
 Routing Number – 051005504
 Swift Code – BOAUS3N

Bank of America Military BK Overseas
 San Antonio, TX



OSHNA CONFERENCE 2016
Seoul, Korea April 29 – May 1
Dragon Hill Lodge

Dragon Hill Lodge Room Reservation

Room Rate Information : 1-2 adults per room

- 1. E1 - E5 : \$74 (Active Duty Service Member Only)**
- 2. E6 - O3 : \$87 (Active Duty Service Member Only)**
- 3. O4 - Above : \$99 (Active Duty Service Member Only)**
- 4. Civilian & Others : \$99 per night per room**
- 5. Rates for Retirees are at the retired rank**

**All rooms include free Wifi,
Kitchenette & Refrigerator**

You are welcome to have more persons in each room to defray the total cost.*

- * \$10 extra charge per person per night for 3rd & 4th non-family members (18 years or older)**
- * Room reserved with multiple guests will be reserved based on highest-ranking guest**

Reserve your room using the Block Code *(042916OSH)* by calling or email , no on-line reservations.

Credit Card required:

- reservations@dragonhilllodge.com**
- DSN 315-738-2222 Ext 1**
- Commercial +82-2-790-0016**

Please contact Holly Gouldman at holly.gouldman@pac.dodea.edu if you are not a Department of Defense or State Department nurse to arrange access to the Dragon Hill Lodge.

www.Dragonhilllodge.com