

MOVEMENT, RHYTHM and PLAY

Suggested Readings

Barbour, Ann, *Play Today: Building the Young Brain Through Creative Expression*. Gryphon House Publications, www.gryphonhouse.com

Brack, Jenny Clark, *Learn to Move, Move to Learn! Sensorimotor Early Childhood Activity Theme*. Autism Asperger Publishing Company, 2004.

Connell, Gill, *et al. Move, Learn and Play With Smart Steps: Sequenced Activities to Build the Body and the Brain*. Minneapolis, MN: Free Spirit Publication, 2016.

Dennison, Paul and Gail, *Brain Gym, Teacher's Edition: The Companion Guide to Brain Gym; Simple Activities for Whole-Brain Learning*, Ventura, CA: Edu- Kinesthetics Publications, 2010.

Donaldson, O. Fred, *Playing By Heart*. Deerfield Beach, FL: Health Communications.

Hannaford, Carla, *Smart Moves: Why Learning Is Not All In Your Head*. Arlington, VA: Great Ocean Publishers, 1995.

Heiberger, Debra Wilson and Heiniger-White, Margot, *S'cool Moves for Learning*. Weaverville: Integrated Learner Press. 2000.

Hirsh-Pasek, Kathy and Golinkoff, Roberta. Rodale. *Einstein Never Used Flash Cards: How Our Children REALLY learn -- and Why They Need to Play More and Memorize Less*. 2003.

Jensen, Eric, *Learning With the Body in Mind: The Scientific Basis of Energizers, Movement, Play, Games and Physical Education*, San Diego, CA: The Brain Store, 2000.

Jensen, Eric, *Teaching With the Brain in Mind*, Alexandria, VA: ASCD Publications, 2005.

Ratey, John, M.D., *SPARK: The Revolutionary New Science of Exercise and the Brain*, New York: Little, Brown, 2008.

Weikart, Phyllis. *Teaching Movement and Dance: A Sequential Approach to Rhythmic Movement*. Book/CD. Ypsilanti, MI, High/Scope Press, 1998.

Web Sites

www.bal-a-vis-x.com. *Interesting exercises by a lifelong physical education teacher*

www.braingym.org. One of the oldest and best movement-and-the-brain

methods.

www.brainboogie.com. *Jeff Haebig, a former teacher and principal has created lots*

of fun, engaging activities featuring movement and the brain. www.schoolmoves.com.

Deb Wilson is a talented teacher-trainer with a wealth of

knowledge and highly useful products for educators.

www.musicstack.com/records-cds/ambrose+brazelton. Website to order products by Ambrose Brazelton.

www.actionbasedlearning.com. *Jean Blaydes Madigan's website with a variety of movement-based learning products.*

www.instituteforplay.com. *Stuart Brown, M.D. represents a lifetime of research and work on behalf of childhood play.*

www.allianceforchildren.com. *Possibly the best organization lobbying for childhood play. Excellent resources for educators looking for information supportive of the need to preserve childhood play, school recess, and experiential learning.*

www.ubdrumcircles.com. *The website for Christine Stevens' marvelous Drum Circles. Great products for anyone wishing to become a better rhythmist or facilitator.*