

What Could You Do Worksheet

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On another sheet of paper, make a list of situations like the one in the movie, situations that call for action. Make another list of challenging situations your students face.

Here are some starter situations:

1. Some makes a racist slur.
2. A person making a speech calls someone “fat and ugly.”
3. Someone uses a slogan such as, “He *Jewed* me down.”
4. Someone tells his son that people with Down Syndrome have an illness and can’t learn anything.
5. You are listening to a song with a group of friends and the lyrics are hateful about women.
6. Someone makes a hateful comment about “all men.”
7. Add your own.

Situations Your Students Face”

1. You are sent a hateful text message about someone in your school.
2. No one wants Julie, your friend, to come to the next sleep over.

Some Ideas of What You Might do

1. Smile
2. Sing “Happy Birthday”
3. Find the MRI: the most respectful interpretation of their behavior.
4. Say, “Huh.”
5. Say, “Thanks for noticing.”
6. Say, “Your saying that to me says more about you than it does about me.”
7. Knock something over.
8. Pretend you lost your contact.
9. Say, “Aren’t I adorable?”
10. Say, “Ow!”