

# Habits of Mind Inventory

## Rate Your Habits of Mind

1. I am a persistent person. If I don't succeed on the first try, I keep trying until I do succeed.

Not yet but I usually  
I'm learning. —1—2—3—4—5—6—7—8—9—10— behave this way.

Evidence:

2. I manage my impulses and am willing to wait and be patient.

Not yet but I usually  
I'm learning. —1—2—3—4—5—6—7—8—9—10— behave this way.

Evidence:

3. I listen to others with understanding and empathy.

Not yet but I usually  
I'm learning. —1—2—3—4—5—6—7—8—9—10— behave this way.

Evidence:

4. I am a flexible thinker. I look for new and different perspectives and can change my mind.

Not yet but I usually  
I'm learning. —1—2—3—4—5—6—7—8—9—10— behave this way.

Evidence:

5. I am aware of how I am thinking (metacognition) when I am trying to solve a problem.

Not yet but I usually  
I'm learning. —1—2—3—4—5—6—7—8—9—10— behave this way.

Evidence:

6. I check my work for quality and try to be accurate and precise in everything I do.

Not yet but I usually  
I'm learning. —1—2—3—4—5—6—7—8—9—10— behave this way.

Evidence:

7. I ask questions, search for data to support conclusions, and am curious to learn new things.

Not yet but I usually  
I'm learning. —1—2—3—4—5—6—7—8—9—10— behave this way.

Evidence:

8. I use what I have already learned and use it in new situations to solve problems.

Not yet but I usually  
I'm learning. —1—2—3—4—5—6—7—8—9—10— behave this way.

Evidence:

9. I am always adding new words to my vocabulary. I think about my words and them to communicate my ideas precisely.

Not yet but I usually  
I'm learning. —1—2—3—4—5—6—7—8—9—10— behave this way.

Evidence:

10. I use all my senses (sight, hearing, touching, smelling, tasting) to learn.

Not yet but I usually  
I'm learning. —1—2—3—4—5—6—7—8—9—10— behave this way.

Evidence:

11. I am a creative person and know how to generate ideas and processes.

Not yet but I usually  
I'm learning. —1—2—3—4—5—6—7—8—9—10— behave this way.

Evidence:

12. I am intrigued and have a sense of curiosity about the world. I enjoy finding problems to solve.

Not yet but I usually  
I'm learning. —1—2—3—4—5—6—7—8—9—10— behave this way.

Evidence:

13. I am willing to take calculated and responsible risks as I explore new ideas and strategies.

Not yet but I usually  
I'm learning. —1—2—3—4—5—6—7—8—9—10— behave this way.

Evidence:

14. I can laugh at myself and find humor in many situations. I don't make fun of others.

Not yet but I usually  
I'm learning. —1—2—3—4—5—6—7—8—9—10— behave this way.

Evidence:

15. I work with teammates, contributing to and learning from cooperative work.

Not yet but I usually  
I'm learning. —1—2—3—4—5—6—7—8—9—10— behave this way.

Evidence:

16. I am always learning. I reflect on and learn from my experiences and can discuss what I don't know.

Not yet but I usually  
I'm learning. —1—2—3—4—5—6—7—8—9—10— behave this way.

Evidence: