

# Making Your Work Life Happier and More Productive: A Personalized & Activity- Based Workshop

**Budapest**

**March 2011**



## **A Five-Step Approach Workshop Outline**

1. Where Are You Now? (Individual activity, paper and pencil)
2. Identifying Your Personal Mission/Vision (Picture-Based Individual and Group Activity)
3. Two Tools to Help You Identify and Use Your Strengths (Additional Handouts provided)
4. Setting Goals for Improvement OR Why Bother?
5. Research Based Elements of an Effective Workplace - Video and Discussion
  - A. Why What You Do Matters
  - B. What About Your Current School Works and Doesn't Work
  - C. What To Look For in Your Next Workplace?