



BASIC COMMUNITY CRISIS RESPONSE TRAINING

*Responding to Communities in the Aftermath of
Traumatic Events*

TRAINING MARCH 28 – 30, 2018
CEESA COUNSELORS MARCH 28-31, 2018

NOVA's 24-hour Basic Crisis Response Training explores crisis intervention theory and NOVA's proven techniques for intervention with traumatized people.

This hands-on, practical training explains the impact of trauma from various internal and external dimensions and prepares participants to respond in the context of research-based early psychological intervention.

Sample Topics:

Trauma: Basic crisis reactions, Internal (Brain) and External Dimensions
Coordinating a Community/School Response Team
Crisis Intervention: Individual and Group
Death Loss and Grief
Spiritual Dimensions
Multicultural Issues
Stress of Caregivers
Special Issues of Age: Children and the Elderly

- [Click Here to Register Now](#)

- [Click Here for Hotel Reservation and Visa Support Forms](#)

* Space will be limited to 50 participants to maximize the quality of the training. If we surpass that number, CEESA members will also take priority.

Hosted by the
Anglo-American
School of Moscow
www.aas.ru

No one is immune
from crisis.
Be prepared to
help.

Learn the basics of
Crisis Response.

The [National
Organization for
Victim Assistance](#) is
a private, nonprofit
organization,
founded in 1975.

INFORMATION:

Cost = \$400

Registration
Deadline:

December 11, 2017

Hotel Reservation
Deadline:

December 17, 2017

Questions:

joe.george@as.ru



Crisis Response Training and Counselor Retreat

Administrators, Health Personnel, and Moscow-Area Schools = March 28 - 30, 2018
CEESA Counselors = March 28-31, 2018

Training Details

Course Title: National Organization for Victim Assistance
24-Hour Community Crisis Response Team Training

Goal

The goal of the training is to prepare individuals and school communities to respond to the victims/survivors of a crisis/traumatic event, and to help them contain the impact of the event and initiate reconstructing their lives.

Objectives

The objectives are:

- to understand what crisis intervention is and why it is needed
- to learn the fundamentals of crisis and trauma: both immediate and long term crisis reactions
- to be able to diagram or analyze disasters and traumas
- to understand special issues and populations
- to learn and be able to use a research-based, proven model for both individual and group crisis intervention

Note: Certificates are only awarded to participants who attend all 24 hours of the training without interruption.

Sample Training Agenda (Note: Times and Sequencing Subject to Change.)

Day One (W)

8:30 – 8:45	Introductions
8:45 – 10:15	Orientation on Crisis Response Teams (Chapter 1)
<i>10:15 – 10:30</i>	<i>Break</i>
10:30 – 11:30	The Trauma Experience: Basic Crisis Reactions (Ch. 2)
<i>11:30 – 12:15</i>	<i>Lunch</i>
12:15 – 1:15	The Trauma Experience: The Community (Chapter 3)
1:15 – 2:00	Crisis Intervention (Chapter 4)
2:00 – 2:30	Crisis Intervention Exercise
<i>2:30 – 2:45</i>	<i>Break</i>
2:45 – 3:45	Group Crisis Intervention—GCI (Chapter 5)
3:45 – 5:00	Group Meetings

Day Two (Th)

8:30 – 10:00	Death, Loss, and Grief (Chapter 6)
<i>10:00 – 10:15</i>	<i>Break</i>

10:15 – 11:15	Death Notifications (Chapter 6)
11:15 – 12:00	Long Term Stress Reactions (Chapter 7)
<i>12:00 – 12:45</i>	<i>Lunch</i>
12:45 – 1:15	Post Trauma Resources (Chapter 8)
1:15 – 2:15	Spiritual Dimensions in Crisis (Chapter 9)
<i>2:15 – 2:30</i>	<i>Break</i>
2:30 – 3:15	Coordinating a Community Crisis Response Team (Ch. 10)
3:15 – 3:45	Media (Chapter 11)
3:45 – 4:15	Local Planning (Chapter 12)
4:15 – 5:15	Groups Meetings

Day Three (Fri)

8:30 – 10:30	Group Crisis Intervention Simulation
<i>10:30 – 10:45</i>	<i>Break</i>
10:45 – 11:30	Cultural Issues in Crisis (Chapter 15)
11:30 – 12:30	Special Issues of Age (Chapters 16 & 17)
<i>12:30 – 1:15</i>	<i>Lunch</i>
1:15 – 1:45	Stress of Caregivers (Chapter 18)
1:45 – 2:45	Group reports
<i>2:45 – 3:00</i>	<i>Break</i>
3:00 – 4:45	GCI practice
4:45 – 5:15	Conclusion, Certification, and Graduation

Day Four (Sat)--CEESA Counselors ONLY

8:30 – 10:30	Next steps—What do we need to do now regionally?
<i>10:30 – 10:45</i>	<i>Break</i>
10:45 – 12:30	Next steps—What do we need to do now at our respective schools?
<i>12:30 – 1:15</i>	<i>Lunch</i>
1:15 – 2:45	Next steps—What else do we need to align to support our initiatives?
<i>2:45 – 3:00</i>	<i>Break</i>
3:00 – 4:00	Next steps—Discuss roles, assign tasks, and create recommendation plan
4:00 – 5:00	2018-2019 CEESA Counselor Retreat Options (topic/s, locations, etc.)

Certificate

Upon successful completion (100% attendance), a certificate of completion will be issued by National Organization for Victim Assistance (NOVA), USA.

Cost of the 3-Day Training

\$400

About the Training Manual

This manual is an evolutionary document, the outgrowth of NOVA's first Crisis Response Team training outline, published independently in 1987, and an expanded version, the "Second Edition," published and copyrighted independently in 1994. That edition was revised in 1998 under a cooperative agreement between the National Organization for Victim Assistance and the Office for Victims of Crime in the United States Department of Justice. This Third Edition was produced, published, and copyrighted in 2002 based upon the experiences of responding to September 11, 2001 terrorist attacks in the United States. In 2009 version 4.0 was published incorporating best practice approaches addressed in the psychological first aid literature.

Trainers' Biographies

Roger Roberts rroberts@co.madison.oh.us

Roger Roberts is a graduate of the Wright State University where he received his Bachelor of Arts in Social Work. Roger was the Emergency Preparedness Coordinator for the London City-Madison County Health District for six years and in 2008 became the Director of Emergency Management for Madison County. Roger is the coordinator of the Madison County Crisis Response Team and an active member of the Ohio Crisis Response Team where he has responded, as well as coordinated, team deployments to various traumatic events.

NOVA certified and TOT trained, Roger has presented workshops at the National Organization for Victim Assistance National Conferences since 2008. In 2012, he, along with two of his teammates, was invited by the United States Attorney's Office to present their material in Guam and The Northern Mariana Islands. Recently, Roger has completed the NOVA Advanced Crisis Response Training.

Mary Morehart Dietz marydietz@gmail.com

Mary is a 35-year veteran, accomplished teacher with experience working with both middle and high school students and adults. In 2002, she was credentialed by the National Organization for Victim Assistance (NOVA) as a Crisis Responder, recertified in 2013 and in 2015, was certified as a NOVA Trainer of Trainers. In 2017, she completed Advance Crisis Response training.

Mary is a member of NOVA and both the Madison County and Ohio Crisis Response Teams. She has extensive experience in Crisis Response primarily to schools K-12, including public, parochial, and career/technical schools. She also has substantial experience as a trainer/workshop presenter. She and two of her teammates, have presented workshops at the NOVA annual training since 2010. Workshops center on Crisis Response in Schools K-12, and on Creating and Sustaining Crisis Response Teams. In 2012 they were invited by the U.S. Justice Department to present the K-12 Crisis Response training in both Guam and the Northern Mariana Islands.

Margaret (Peg) Johnson p1680johnson187@yahoo.com

Margaret is a career educator with 15 years as an elementary teacher and 25 years as an administrator/principal spending the majority of her career working with students with disabilities and their families. She holds certifications in elementary education, special education, and administration.

Margaret became a part of NOVA in 2002, recertified in 2013, became a NOVA certified trainer in 2015, and completed her advanced training in 2017. While serving as a team volunteer she has responded to airplane crashes, mass murders, suicides, school deaths, and numerous other crises. The majority of the responses have been to support schools K-12. Along with her fellow trainers, Margaret has done presentations at National Conferences since 2008 and in 2012 traveled to Guam and the Northern Marianas Islands to provide school response training.



Additional Information:

Workshop expenses including transportation to-and-from school and hotel, snacks, and lunch on the days of the workshop are provided by AAS.

All participants are responsible for the following:

- Transportation to-and-from Moscow
- Russian visa arrangements and costs
- Hotel costs, including breakfast
- Evening meals

Hotel Reservation

Hotel rooms will be reserved at the [*Hilton DoubleTree Marina*](#) hotel. After you register for the event we will send you the discount form which will allow you to access special conference rates. The hotel advises you NOT to use third parties (booking.com, travel agents, Hilton DT Marina Hotel website, etc.) to make your reservations because they do not apply the special conference rates.

Russian Visa Procedure

Upon your request, the hotel will provide you with the visa supporting documents. These documents are not your visa! You must apply for a visa at the Russian Consulate in your city/country.

The Visa Request Form and visa application process will also be outlined on the hotel reservation form.

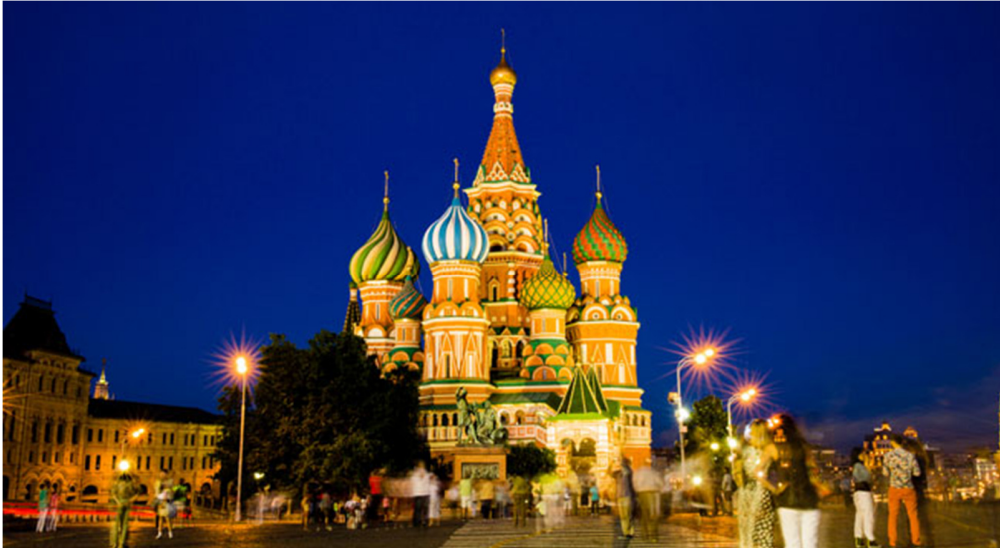
Payments and Currency Exchange Rate

The payment currency in Russia is the Russian Rouble (RuR). The exchange rate is fluctuating. As of May 1, 2017, the rate was 57/1 USD and 62/1 Eur.

Hotels, restaurants, supermarkets and shopping malls accept cash Roubles or credit cards (VISA or MASTERCARD), but credit cards can sometimes be rejected due to bank restrictions. Check with your bank. ATMs: bank outlets, your hotel, and AAS are equipped with ATMs.

Weather

Weather in March in Moscow is unpredictable, but it is usually around zero degrees Celsius. We recommend bringing multi-layered winter clothing and warm boots.



Sightseeing

You can enjoy the hotel discount at the end of your Job-A-Like visit and spend the weekend exploring Moscow. Your 'must see' sights include the Red Square, the Moscow Kremlin, [*the Moscow Metro*](#), alongside with [*the Tretyakov Gallery*](#), [*Novodevichy Orthodox convent*](#), and [*Christ-the Savior Cathedral*](#).

Recommended English tour operators: [*Moscow FreeTour*](#) and [*Patriarchi Dom Tours*](#).

Moscow is world famous for Opera and Ballet. Below are the links to our major theatres. Should you be interested you can book your tickets on-line:

[*The Stan and Dan Theater*](#), [*The Helikon Opera Theater*](#), [*The Novaya Opera Theater*](#), [*The Bolshoi Theater*](#).

Getting Around in Moscow Moscow has a well developed [*Underground Metro*](#) to travel around the city, as well as multiple taxi services including UBER.

Your hotel has a shuttle to and from Belorusskaya metro station (pick up and drop of is by the white church) in downtown Moscow; the nearest metro stop to your hotel ('Vodny Stadion') is within 12 min walking distance and it is on a direct line (dark green) to the heart of the city.

Contacts

All training and counselor related questions:

Joe George, [*joe.george@aas.ru*](mailto:joe.george@aas.ru)

All logistical questions including visas:

Zhenya Ivanova, [*zhenya.ivanova@aas.ru*](mailto:zhenya.ivanova@aas.ru)